ZUMBA® Fitness Schedule – March 2012

Monday	Tuesday	Wednesday	Thursday	Friday
February 27 9:30am **Yoga**-Sheri 5:15pm **Zumba Gold**-Lisa 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**February 28** 9:30am **Zumba**-Brae 5:35pm **Zumba**-Jen 6:45pm **Yoga**-Sheri	**February 29** 9:30am **Yoga**-Sheri 5:15pm **No Zumbatomic until Fall** 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**1** 9:30am **Zumba**-Jess 5:35pm **Zumba**-Lisa 6:45pm **Yoga**-Sheri	**2** 9:30am **Zumba** Jess/Brae **FLEX**
5 9:30am **Yoga**-Jen 5:15pm **Zumba Gold**-Lisa 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**6** 9:30am **Zumba**-Brae 5:35pm **Zumba-RQ (2)**-Jen/Lisa 6:45pm **Yoga-RQ**-Sheri	**7** 9:30am **Yoga**-Sheri 5:15pm **No Zumbatomic until Fall** 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**8** 9:30am **Zumba**-Jess 5:35pm **Zumba**-Lisa 6:45pm **Yoga**-Jen	**9** 9:30am **Zumba** Jess/Brae
12 9:30am **Yoga**-Sheri 5:15pm **Zumba Gold**-Lisa 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**13** 9:30am **Zumba**-Brae 5:35pm **Zumba**-Jen 6:45pm **Yoga**-Sheri	**14** 9:30am **Yoga**-Sheri 5:15pm **No Zumbatomic until Fall** 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**15** 9:30am **Zumba**-Jess 5:35pm **Zumba**-Lisa 6:45pm **Yoga**-Sheri	**16** 9:30am **Zumba** Jess/Brae **FLEX**
19 9:30am **Yoga**-Sheri 5:15pm **Zumba Gold**-Lisa 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**20** 9:30am **Zumba**-Brae 5:35pm **Zumba**-Jen 6:45pm **Yoga**-Sheri	**21** 9:30am **Yoga**-Sheri 5:15pm **No Zumbatomic until Fall** 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**22** 9:30am **Zumba**-Jess 5:35pm **Zumba**-Lisa 6:45pm **Yoga**-Sheri	**23** 9:30am **Zumba** Jess/Brae
26 9:30am **Yoga**-Sheri 5:15pm **Zumba Gold**-Lisa 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**27** 9:30am **Zumba**-Brae 5:35pm **Zumba**-Jen 6:45pm **Yoga**-Sheri	**28** 9:30am **Yoga**-Sheri 5:15pm **No Zumbatomic until Fall** 6:00pm **No Zumba Toning until April** 7:00pm **Zumba**-Lisa	**29** 9:30am **Zumba**-Jess 5:35pm **Zumba**-Lisa 6:45pm **Yoga**-Sheri	**30** 9:30am **Zumba** Jess/Brae **FLEX**

Online schedule at: http://ci.ridgecrest.ca.us/parks/zumba-classes

ATTENTION: WHEN CLASSES ARE LISTED AS "RQ" THIS MEANS CLASS WILL BE HELD IN THE RAQUETBALL COURT. CLASSES WILL BE LIMITED TO THE FIRST 30 TO ARRIVE FOR ZUMBA AND THE FIRST 20 TO ARRIVE FOR YOGA. THE FRONT DESK WILL PASS OUT NUMBERED CARDS AS YOU CHECK IN AND YOU MUST HAVE A NUMBERED CARD TO ENTER CLASS. MY APOLOGIES, BUT SPACE IS LIMITED. THERE WILL NOT BE ANY ZUMBA® TONING CLASSES UNTIL APRIL DUE OR ANY ZUMBATOMIC® UNTIL THE FALL DUE TO INSTRUCTOR CHANGES.

Questions? Contact Lisa B. Baker (760) 371-5448, zumbadauhl66@hotmail.com, or Facebook me! Licensed instructor and ZUMBA® Team Coordinator