

ZUMBA® FITNESS CLASSES AT KERR MCGEE COMMUNITY CENTER

Online schedule at www.ci.ridgecrest.ca.us/adult.aspx

HEY-EVER HEARD OF AQUA ZUMBA®? IT'S COMING TO SATURDAYS IN JUNE!!!

CLASSES OFFERED MORNINGS AND EVENINGS- all classes are approximately 60 minutes long

ZUMBA® Fitness-All fitness levels

Monday / Wednesday / Friday 9:30-10:30 a.m.

Monday 6:40-7:40 p.m. Tuesday / Thursday 5:35-6:35 p.m.

Cost: \$5.00 for a single class, \$35.00 for a 10 class punch card

ZUMBA® Basics-Learn the basic ZUMBA® steps-class held when scheduling permits-see monthly schedule

Cost: \$5.00 or a punch on your previously purchased ZUMBA® punch card

ZUMBA® Toning-these classes run on a session basis. No Drop In.

Cost: 2 classes per week-\$60.00 for a 6 week session (12 classes)

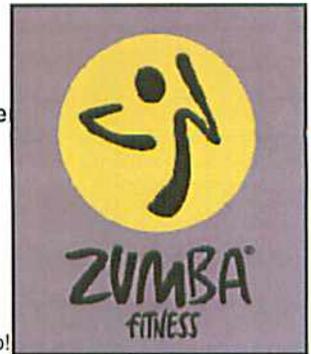
3 classes per week-\$80.00 for a 6 week session (2 classes for free)

Session 2-April 18th through May 31st (dependant upon schedule changes) **Registration now open**

Have questions? Call me! Jennifer Mangrum, LICENSED INSTRUCTOR (757) 646-5362

Attention: Please do not bring your children to class unless they are a paid participant. The Kerr McGee Center does not provide childcare.

By the way, yes I know I have a couple of voluntary cancellations, but remember-I have children and they like attention too!



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	APRIL 3	APR 4	APR 5	APR 6	APR 7	APR 8	APR 9
April/partial May 2011		9:30 a.m. ZUMBA 6:40 p.m. ZUMBA	5:35 p.m. ZUMBA	9:30 a.m. ZUMBA	5:35 p.m. ZUMBA 6:50 p.m. Basics	9:30 a.m. ZUMBA	ZUMBA at The Sierra Academy of Dance 8:30-9:30 a.m. \$5.00 at the door
	APR 10	APR 11	APR 12	APR 13	APR 14	APR 15	APR 16
		9:30 a.m. ZUMBA 5:30 p.m. Basics 6:40 p.m. ZUMBA	5:35 p.m. ZUMBA	9:30 a.m. ZUMBA	5:35 p.m. ZUMBA CLASS WILL BE HELD OUTSIDE	FLEX FRIDAY	NO CLASS TODAY- I AM A 7 TH GRADE CLASS CHAPERONE AT THE RENFAIR!
	APR 17	APR 18	APR 19	APR 20	APR 21	APR 22	APR 23
		9:30 a.m. ZUMBA 5:30 p.m. Toning 6:40 p.m. ZUMBA	5:35 p.m. ZUMBA 6:50 p.m. Toning	9:30 a.m. ZUMBA	5:35 p.m. ZUMBA 6:50 p.m. Toning	No Class Today! I am out of town for the Easter weekend. See you on Monday!	NO CLASS TODAY EASTER WEEKEND
	APR 24	APR 25	APR 26	APR 27	APR 28	APR 29	APR 30
	EASTER SUNDAY	9:30 a.m. ZUMBA 5:30 p.m. Toning 6:40 p.m. ZUMBA	5:35 p.m. ZUMBA 6:50 p.m. Toning	9:30 a.m. ZUMBA	5:35 p.m. ZUMBA 6:50 p.m. Toning	FLEX FRIDAY	ZUMBA at The Sierra Academy of Dance 8:30-9:30 a.m. \$5.00 at the door
	MAY 1	MAY 2	MAY 3	MAY 4	MAY 5	MAY 6	MAY 7
		9:30 a.m. ZUMBA 5:30 p.m. Toning 6:40 p.m. ZUMBA	5:35 p.m. ZUMBA 6:50 p.m. Toning	9:30 a.m. ZUMBA	5:35 p.m. ZUMBA 6:50 p.m. Toning	9:30 a.m. ZUMBA	ZUMBA at The Sierra Academy of Dance 8:30-9:30 a.m. \$5.00 at the door
	MAY 8	MAY 9	MAY 10	MAY 11	MAY 12	MAY 13	MAY 14
	9:30 a.m. ZUMBA 5:30 p.m. Toning 6:40 p.m. ZUMBA	5:35 p.m. ZUMBA 6:50 p.m. Toning	9:30 a.m. ZUMBA	5:35 p.m. ZUMBA 6:50 p.m. Toning CLASSES WILL BE HELD OUTSIDE	9:30 a.m. ZUMBA CLASS WILL BE HELD OUTSIDE	FLEX FRIDAY	ZUMBA at The Sierra Academy of Dance 8:30-9:30 a.m. \$5.00 at the door